Residence Hall Counselor Service Description and Referral Guide (Spring 2014)

The Residence Hall Counselor service is a collaborative effort between Housing & Residential Life and Student Counseling Services to provide accessible and timely consultation and support to Housing & Residential Life staff and student communities at the University of Minnesota. A Residence Hall Counselor serves as a liaison and direct contact to enhance the campus partnership between university housing and the counseling services on campus.

Services Provided
- **Consultation and support to HRL staff** regarding student mental health concerns, counseling related hall issues, student conduct, training needs, etc.
- **Educational outreach programming**, including training to professional or student CA staff on counseling related issues, programming, resources, etc.
- **Counseling support and consultation to students directly in the residence hall**—“house calls” to individual students or groups at each residence hall on an as needed basis.

“House Calls”
On an as needed basis, the residence hall counselor can be available to come to the student’s hall to meet with the student for an initial counseling appointment. These meetings can be suggested to the student by an RD or ARD, and if the student is interested, the RD/ARD can call the Residence Hall Counselor directly to schedule this meeting. The RD/ARD referring the student will need to provide a quiet and confidential space for this meeting (such as allowing the use of a private office or a reservable room within the Hall).

Consultation considerations:
- Always feel free to consult with the Res Hall Counselor, regardless of Hall or University apartment, regarding difficult student situations or mental health concerns that arise.
- You can always connect with the Residence Hall counselor for consultation via phone (for non-urgent situations). Messages will be returned in a timely manner.
- Sanctioning: Meeting with the Res Hall Counselor can be listed as an option for sanctioning students who are expected to meet with a counselor or therapist as a part of a behavior contract.
- Meetings with students following crisis or hospitalization. The counselor is available, schedules permitting, to attend behavioral contract meetings (or subsequent check-in meetings) with HRL professional staff and students following hospitalizations.

Residence Hall Counselor
Korry Arndt-Wenger, MA, Student Counseling Services
612-624-2564
wenge038@umn.edu